

Talking with your Physician: A Discussion Guide



Managing Becker Muscular Dystrophy

Managing your Becker muscular dystrophy with a dedicated Care Team is an important part of optimizing your care. Here are some questions you may consider when meeting with your physician.



Care Team

- Are there doctors or dedicated centers who specialize in treating Becker muscular dystrophy?
- Who should be part of my Becker muscular dystrophy Care Team?
- How do I coordinate care across my team of physicians/specialists?



Symptoms

- How does Becker muscular dystrophy affect my body over time?
- What can I do to preserve muscle so I can perform everyday activities?
- How can I better manage the physical and emotional impact of Becker muscular dystrophy?



Treatments

- Is there an approved treatment for Becker muscular dystrophy?
- What options are available to help manage my Becker muscular dystrophy?



Clinical Trials

- Are there clinical trials being conducted for Becker muscular dystrophy?
- How do I participate in a Becker muscular dystrophy clinical trial?

